To Live in a Soft Land, Ireland by Ashley O'Neal

To live in a soft land where the ghosts touch you daily where the winds tells you how to live and where the wren nests in your heart, by way of the thorn trail.

Listen, listen there is black dove in this land there is a swallow's nest in the old shed holding all the secrets of a people's tears. Gulls cry for the sun's sorrow and the moon's ecstasy sits upon the lips of the innocent's smile of young love

Sweet days of time upon an island untethered to the earth Walk me to the place where Cú Chulainn sleeps Tell me the story of the oak that grows in the nave. Tell me why the yew still stands where the saint wept. Tell me of the royalty of the rose, of the lily. Walk me to the den of the bear and show me his hieroglyphs Show me the valley where the last wolf howled so that I might touch the darkness of truth. Let me move my body the way the river moves. Let me hold the tide in my heart awhile so that saltwater might make my blue eyes see the true land Open the door of the lakes's edge Show me how to hold the hand of the aged and vulnerable So that I might know How to live How to die How to breathe How to love Slow me down to the pace of the heron's stillness So I can see the heaven's embrace of a people who hold the gentleness of the whole world.

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